

# THE MOST WONDERFUL TIME OF THE YEAR

## The Enemy of Peace

Luke 1:8-10

### Face Your Fears

#### The Fear of **Inadequacy**

That **night** there were shepherds **staying in the fields** nearby... and they were terrified. (Luke 2:8, NLT)

#### The Fear of **Rejection**

That **night** there were **shepherds** staying in the fields nearby... and they were terrified. (Luke 2:8, NLT)

#### The Fear of **Failure**

That **night** there were **shepherds** staying in the fields nearby, **guarding** their flocks of sheep... and they were terrified. (Luke 2:8–9, NLT)

#### The Fear of **Losing Control**

That **night** there were **shepherds** staying in the fields nearby, **guarding** their flocks of sheep. **Suddenly...** and they were terrified. (Luke 2:8–9, NLT)

**If you run away from your fears, you will be running the rest of your life.**

### Deal with Your Fears

#### **C** - **Change** your focus

Suddenly, **an angel of the Lord appeared** among them... (Luke 2:9, NLT)

**When you begin to focus on the Lord, the Lord begins to deal with your fear!**

#### **A** - **Ask** for help

Suddenly, **an angel of the Lord appeared** among them, and **the radiance of the Lord's glory** surrounded them. (Luke 2:9–10, NLT)

**The glory of God dispels the darkness of fear!**

#### **L** - **Leave** it there

They were **terrified**, but the angel reassured them. **"Don't be afraid!"** he said. (Luke 2:9–10, NLT)

**When you leave your fear with God, he works on it instead of it working on you!**

#### **M** - **Meditate** on the promises of God

They were terrified, but **the angel reassured them**. **"Don't be afraid!"** he said. (Luke 2:9–10, NLT)

**Stop listening to the messages of fear, and start resting on the promises of God.**