



BFCNaz

Day-by-Day

This has been created as a guide to help anyone pray more. For each day, you will find 3 things: 1) A reminder to slow down and settle your mind before you start; 2) Instruction to tell God about the previous day (what happened, was it good or bad, highs and lows, etc.); 3) Lastly, some questions and a small prayer to help guide that day's prayer! There is no right or wrong way to pray through this guide, you do it how and when it suits you best. Want to pray out loud? Great! Want to write it all down? Awesome, we've given you space for that.

Our hope and prayer is that this will guide you to simply praying more by giving you simple steps. This is not a legalistic format to follow, meaning the goal is not to finish all 21 parts and be done. When you finish, start over! Remember, prayer is about the relationship with our Infinitely Powerful and Intensely Personal God, not a means to an end.

BFCNaz Pastoral Staff

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Day by Day Prayer Guide - Day 1

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What are you excited about this week? Thank God for those moments of joy and excitement.

Day by Day Prayer Guide - Day 2

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. How can I pray for my family - if you don't know, ask! (Parents, spouse, kids, etc) Ask God to help _____ grow to know you more and to become the person you would have them to be! Then, ask God to give you the ability to be like Jesus (peace, grace, mercy, forgiveness, love, self-sacrifice, etc) in those relationships. We want to lead and love well in our homes!

Day by Day Prayer Guide - Day 3

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What do you have going on today? This week? Ask God to help you to prepare well for these things and to have peace if they don't turn out how you had hoped.

Day by Day Prayer Guide - Day 4

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. How can I pray for the Student Ministry - if you don't know, ask Pastor Nick! Ask God to work through our students' lives to impact their friends, and to work through our Youth Staff to disciple and love on our students.

Day by Day Prayer Guide - Day 5

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What has God been saying to you lately? Has He been calling you to something or away from something? Ask God for clarity and wisdom surrounding those things, and courage/strength to follow through.

Day by Day Prayer Guide - Day 6

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. Who are you praying for (Drawing People to Jesus)? Pick a name/make a list (this should be individuals who don't know Jesus). What ways can you pray for them, and what have they been going through? Ask God to give you the ability to reach out and love on that person, and to have moments where you can speak God's love into their lives.

Day by Day Prayer Guide - Day 7

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. Who am you praying with? (Developing People in Jesus.) Pick a name/ make a list (this might be a co-worker, a family member, or someone in your small group). What are they going through this week? What highs and lows have they experienced recently? Ask God to give you the ability to support them, encourage them, rejoice with them, or mourn with them, regardless of what they are going through. That's the ability to show God's love.

Day by Day Prayer Guide - Day 8

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. How can I pray for the Children's Ministry - if you don't know, ask! Ask God to lead Pastor Matt in the Children's Ministry and to reach families with children with love and grace.

Day by Day Prayer Guide - Day 9

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. Take time to listen. In relationships, we have to take time to stop talking and listen. God is actively speaking to us, but sometimes we aren't listening. Ask God to open your heart and mind to hear what He may be saying to you. You may also take some time to read some Scripture where God has already spoken - (if you don't know where to start, consider the Weekly Reading from the previous Sunday's bulletin). Regardless, take 5-10 minutes to be still, listen and know that He is God.

Day by Day Prayer Guide - Day 10

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What baggage are you carrying around? Where/who is this baggage from? How are you facing that baggage? Ask God to give you the strength you need to deal with that baggage.

Day by Day Prayer Guide - Day 11

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. How can I pray for my church - if you don't know, ask! Ask God to lead our church so that we may effectively and actively draw people to Jesus and develop people in Jesus.

Day by Day Prayer Guide - Day 12

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What are you struggling with? Why is this a struggle? Give this struggle over to God and ask for peace and/or forgiveness through this struggle.

Day by Day Prayer Guide - Day 13

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What frustrations are you currently facing? How can I smooth over those frustrations, who do I need to go talk to? Perhaps these frustrations aren't surrounding someone or something local (national leaders, sports teams, etc). Ask God to give you courage and wisdom to face those frustrations.

Day by Day Prayer Guide - Day 14

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. How can I pray for my church's staff - if you don't know, ask! Ask God to encourage our staff and to give them clarity and understanding of vision as they lead our church.

Day by Day Prayer Guide - Day 15

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. Take time to listen. In relationships, we have to take time to stop talking and listen. God is actively speaking to us, but sometimes we aren't listening. Ask God to open your eyes and ears to hear what He may be saying to you. You may also take some time to read some Scripture where God has already spoken (if you don't know where to start, consider the Weekly Reading from the previous Sunday's bulletin). Regardless, take 5-10 minutes to be still, listen and know that He is God.

Day by Day Prayer Guide - Day 16

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What are you thankful for? Thank God for those things and be glad!

Day by Day Prayer Guide - Day 17

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. Who has hurt you? Have you ever told that person? Ask God to help you forgive that individual so that you may begin the process of healing.

Day by Day Prayer Guide - Day 18

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. How can I pray for the Senior Adult Ministry - if you don't know, ask! Ask God to give Pastor David the ability to lead well and to give them (the ministry) the opportunity through events for fellowship and the room for growth through their Bible studies.

Day by Day Prayer Guide - Day 19

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What have you been upset with God about? Make an actual list of things that you're upset with. Why are you still holding on to it? Tell God what you're upset about, and don't hold any punches. He can handle it! Ask God to give you peace and grace as you move forward!

Day by Day Prayer Guide - Day 20

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. What highs and lows have you dealt with this week? Bring those things to God knowing that He cares about even the smallest things, and ask God to be with you this week!

Day by Day Prayer Guide - Day 21

1. Take a moment to slow down and calm your mind.
2. Tell God how your day went yesterday (highs and lows).
3. Who are you thankful for? Thank God for those individuals and let that joy carry you throughout your day! Write a note, make a call or somehow communicate with that person.